



LTSS Trust Commission Meeting

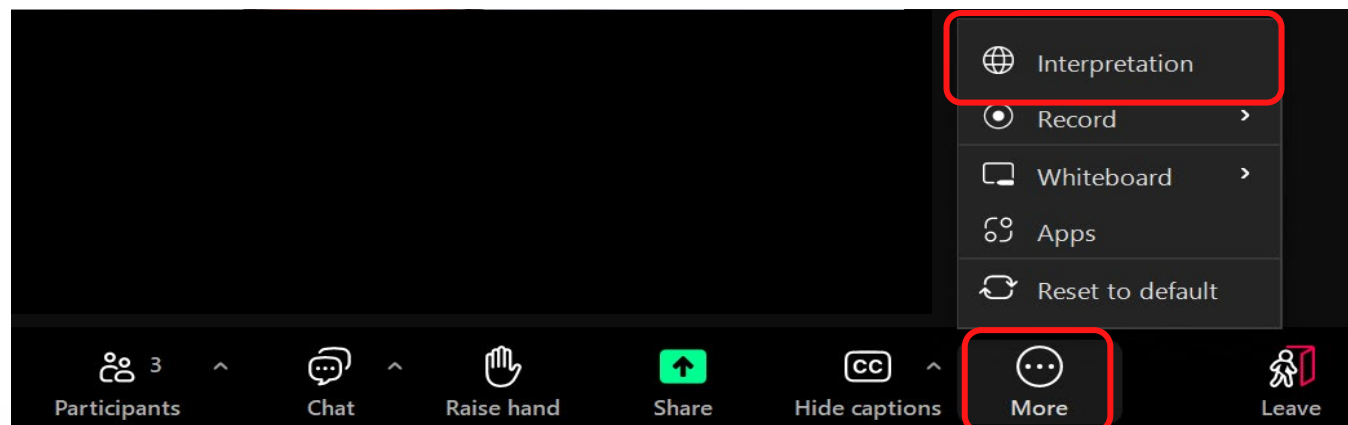
September 11, 2024



Language Interpretation - Setup

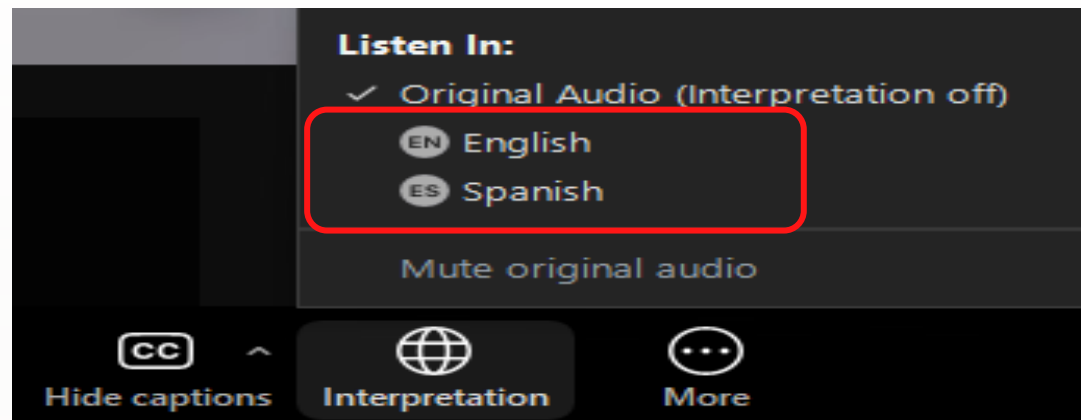
Step 1:

- Select "More"
- Click on "Interpretation"



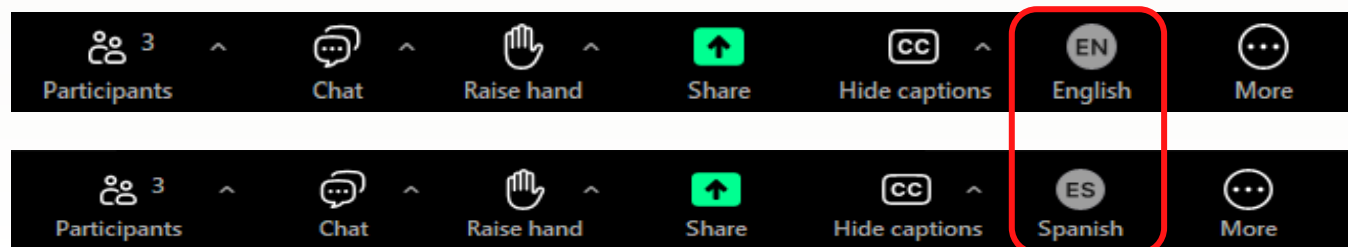
Step 2:

- Select the language you would like to listen in



Step 3:

- Verify this is the correct language



Meeting Guidelines

Commission Members

- Please turn on video
- Stay muted unless talking
- Encourage active participation
- Raise hand to speak if necessary

Audience Members

- Opportunity to provide public comment later in the meeting

WELCOME & CALL TO ORDER

Meeting Goals

- Listen to Understand Respectfully
- Approve Consent Agenda
- Receive Finance Update
- Receive Update on 2028 Legislative Report (RCW 50B.04.140)
- Vote on Minimum Provider Qualifications Recommendations
- Vote on Provider Payment Maximums Recommendations (Group 2)
- Report out on Provider Payment Maximums Recommendations (Group 1)
- Report out on Provider Payment Maximums Recommendations (Group 3)
- Report out from Contingency Planning Workgroup

Approve Consent Agenda

- 7/10/2024 Commission meeting minutes
- 2025 Commission Meeting Schedule
 - May 28th 1:00 pm – 4:00 pm
 - July 16th from 1:00 pm – 4:00 pm
 - September 17th from 1:00 pm – 4:00 pm
 - October 29th from 1:00 pm – 4:00 pm
 - December 10th from 1:00 pm – 4:00 pm

WA Cares Fund Program Refresh

Andrea Meewes Sanchez, DSHS

WA Cares Fund Program Refresh

Program timeline

2014

Research on policy options for long-term care

2019

Legislature passes LTSS Trust Act & governor signs into law

2021

Legislature improves coverage for adults with disabilities that onset prior to age 18

2022

Legislature adds pathway to partial benefits for near-retirees; establishes voluntary exemptions for certain groups

2023

July 1
Workers begin contributing

2024

Legislature makes benefits portable

2026

July 1
Benefits become available for qualified, eligible individuals

WA Cares Fund Program Refresh

Key program details per current statute (RCW 50B.04):

- **Premium rate** - \$0.58 cents for every \$100 earned
- **Lifetime benefit maximum** –\$36,500, adjusted annually up to inflation, paid directly to providers
- **Three pathways to qualified individual status**
 - Contribute 10 years without interruption of five or more consecutive years
 - Contribute 3 of the last 6 years from the date of application for benefits
 - For near-retirees (born before 1968): contribute at least one year, earning one-tenth of the lifetime benefit amount for each year contributed

A person must work 500 hours during a year to receive credit for a qualifying year

- **Eligible beneficiary**
 - A qualified individual who requires assistance with at least 3 activities of daily living (i.e., bathing, eating, ambulation, medication management, toilet use, transfer, etc.)
 - You can take your benefit with you if you leave the state

Finance Update

Matt Smith, OSA
Ben Veghte, DSHS

Finance Update: Monitoring Early Experience

Presentation to: LTSS Trust Commission

Matthew M. Smith, State Actuary



Finance Update: Monitoring Early Experience

- As part of the Risk Management Framework (RMF), Phase 1 is largely focused on data collection, monitoring, and updating actuarial projections
- Actual experience will be used in future actuarial projections
- When comparing actual to assumed data, sustained deviations or significant short-term deviations could have long-term impacts
 - Depending on the source of the deviation, it could take years before there is sufficient credible experience to modify assumptions based on actual experience
 - This is consistent with Phase 1 of the RMF
- In the meantime, OSA and Milliman will be monitoring emerging experience and reporting on any impacts to long-term fund solvency

Questions? Please Contact: The Office of the State Actuary

leg.wa.gov/OSA; state.actuary@leg.wa.gov

360-786-6140, PO Box 40914, Olympia, WA 98504

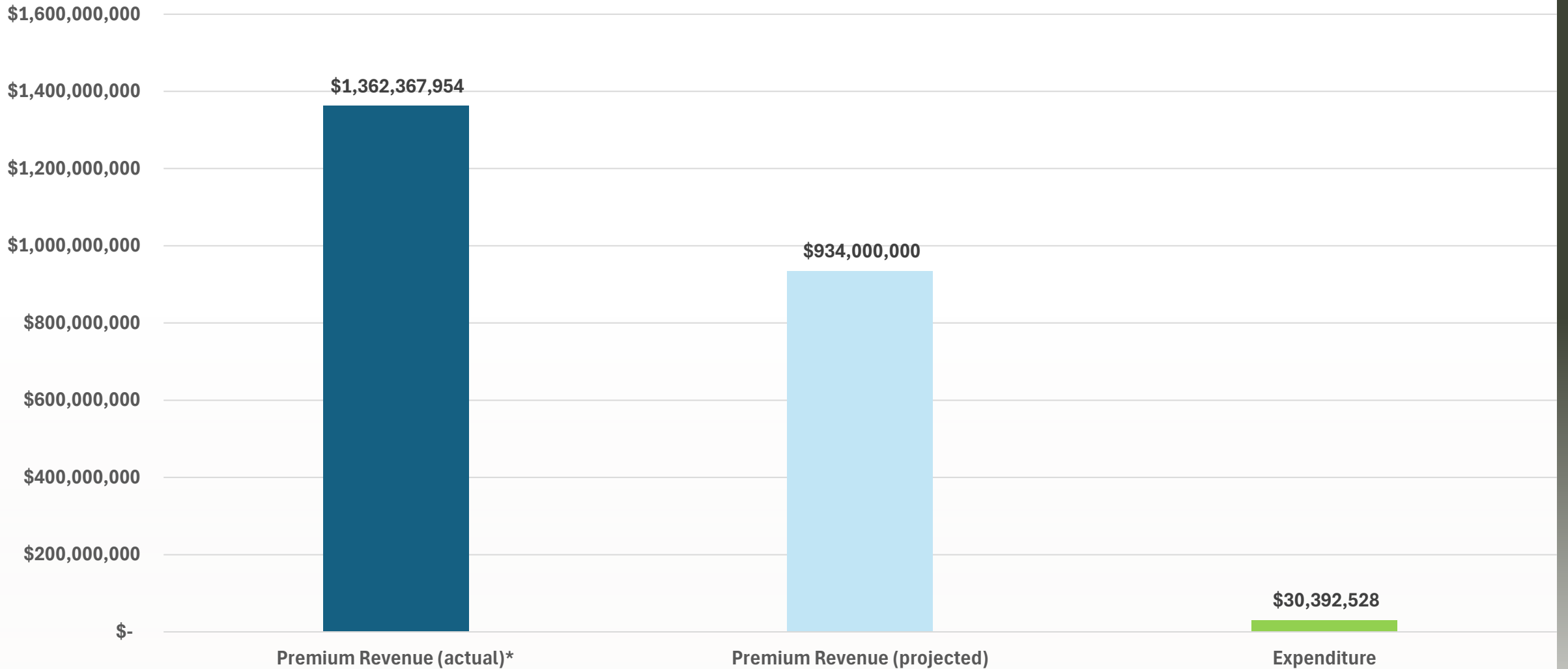
Matthew M. Smith

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Thank You



WA Cares Fund FY24 Premium Revenue and Expenditure



*Premiums collected for the first four quarters of program operation.

Notes: 1) The administrative expense ratio for FY24 is 2.2% of revenue. 2) Actual revenue in a given year will inevitably vary from long-term, annual projections and may not be indicative of future long-term, annual revenue. Please see Milliman's most recent actuarial study for further information on program projections.

2028 Legislative Report (RCW 50B.04.140)

Alison Eldridge, ESD

2028 Legislative Report (RCW 50B.04.140)

Per RCW [50B.04.140](#):

- Beginning December 1, 2028, and annually thereafter, and in compliance with RCW 43.01.036, the commission must report to the legislature on the program, including:
 - (5) Demographic information on program participants, including age, gender, race, ethnicity, geographic distribution by county, legislative district, and **employment sector**;
- The WA Cares Fund benefit will eventually serve people who have likely been out of the workforce for some time prior to applying for benefits, and who may have worked in several employment sectors throughout their careers. Collecting this data increases the burden on benefit applicants and is unlikely to lead to meaningful insights about recipients or the program itself.
- Would the Commission support removing employment sector from the reporting requirement?

Vote on Minimum Provider Qualifications

Andrea Meewes Sanchez, DSHS

Minimum Provider Qualifications

- DSHS is required to register long-term services and supports providers that meet minimum qualifications.
- The LTSS Trust Commission is responsible for making a recommendation to DSHS on the establishment of criteria for minimum qualifications for the registration of long-term services and supports providers who provide approved services to eligible beneficiaries.
- In July, the Commission reviewed the recommendations of the minimum provider qualifications workgroup.
- Today the Commission will vote on these recommendations.
- DSHS will use these recommendations as guidance as we draft agency rules.

Minimum Provider Qualifications Recommendations

Group 1	Group 2	Group 3	Group 4
<ul style="list-style-type: none">• Adult Family Home• Assisted Living• In-Home Personal Care• Nursing Home	<ul style="list-style-type: none">• Adaptive Equipment and Technology• Environmental Modifications• Home Delivered Meals• Personal Emergency Response Systems	<ul style="list-style-type: none">• Adult Day Services• Eligible Relative Care• Transportation• Respite for Family Caregivers	<ul style="list-style-type: none">• Care Transition Coordination• Dementia Support/Memory Care• Education and Consultation & Services that Assist Paid and Unpaid Family Members• Home Safety Evaluation• Professional Services

Minimum Provider Qualifications Recommendations

Adult Family Homes

An Adult Family Home is a home-like residential setting where two to eight adults live and receive personal care, special care, room, and board.

Proposed Specific Provider Qualifications:

1. Hold a professional license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Assisted Living Facility

An Assisted Living Facility is a residential setting where seven or more adults live and receive basic services for their safety and well-being.

Proposed Specific Provider Qualifications:

1. Hold a professional license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

In-Home Personal Care - Home Care Agency

A Home Care Agency is an in-home service agency that provides nonmedical personal care to individuals who are ill, disabled, or vulnerable so they can remain in their residence.

Proposed Specific Provider Qualifications:

1. Hold a professional license for at least three years
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws
5. No multiple lost litigation
6. Have no significant licensing deficiencies in the three-year period before registration
7. Obtain an independent financial audit
8. Use electronic visit verification (EVV)
9. Establish employee conflict of interest policy guidelines, procedures, and safeguards

Minimum Provider Qualifications Recommendations

In-Home Personal Care – Individual Provider (IP)

A caregiving option for receiving in-home personal care to hire an Individual Provider (IP). IPs are employed by Washington's Consumer Directed Employer (CDE) agency, and co-managed by the beneficiary. An IP may be someone unrelated or unknown to the beneficiary, or they could be a family member or otherwise known to the beneficiary, such as a friend or neighbor, who agrees to be hired by CDE and provide the care needed.

Proposed Specific Provider Qualifications:

1. Be 18 years of age or older and pass a DSHS background check
2. Meet all applicable laws and training requirements

Minimum Provider Qualifications Recommendation

Nursing Home

A Nursing Home is a facility that provides convalescent or chronic care for three or more patients who are not able to independently care for themselves for a period of more than 24 consecutive hours.

Proposed Specific Provider Qualifications:

1. Hold a professional license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Vote on Group 1

- **Adult Family Home**
- **Assisted Living Facility**
- **In-Home Personal Care**
 - Home Care Agency
 - Individual Provider
- **Nursing Home**

Minimum Provider Qualifications Recommendations

Adaptive Equipment and Technology

Adaptive Equipment and Technology are assistive devices and items that would increase, maintain, or improve a beneficiary's ability to perform the activities of daily living (ADL) such as, but not limited to eating, bathing, toileting, walking, or to perceive control or communicate within their living environment.

Proposed Specific Provider Qualifications:

1. Hold a business license and National Provider Identifier (NPI) number (Medical Providers only)
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

A beneficiary may purchase WCF covered items from a retail or online store of their choice and be reimbursed by a Financial Management Services (FMS) vendor contracted by DSHS if beneficiary submits receipt to FMS vendor for covered purchased items.

Minimum Provider Qualifications Recommendations

Home Delivered Meals

Home delivered meals provides nutritionally balanced meals delivered to the beneficiary's home.

Proposed Specific Provider Qualifications:

1. Hold a business license, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Personal Emergency Response System

Personal Emergency Response System (PERS) is a service to secure help in an emergency through an electronic device that is either connected to the beneficiary's phone or operates using GSM cellular signals and is programmed to signal a response center that is staffed by trained professionals who will immediately summon help for the beneficiary.

Proposed Specific Provider Qualifications:

1. Hold a business license, endorsement, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendation

Environmental Modifications

Environmental Modification services provide needed changes such as ramps, stair lifts, and widened doorways for a wheelchair in the home to increase, improve or maintain a beneficiary's health, welfare, safety, and independence.

Proposed Specific Provider Qualifications:

1. Hold a business license, endorsement, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

A beneficiary may purchase self-installation supplies from a retail or online store of their choice and be reimbursed by a Financial Management Services (FMS) vendor contracted by DSHS if beneficiary submits receipt to FMS vendor for covered purchased items.

Minimum Provider Qualifications Recommendations

Vote on Group 2

- **Adaptive Equipment and Technology**
- **Environmental Modifications**
- **Home Delivered Meals**
- **Personal Emergency Response Systems**

Minimum Provider Qualifications Recommendations

Adult Day Services (Adult Day Health and Adult Day Care)

- **Adult Day Health** centers provide supervised daytime programs including skilled nursing and rehabilitative therapy services, which included PT/OT, to beneficiaries who need assistance throughout the day.
- **Adult Day Care** centers provide supervised daytime programs to support families by providing care and meaningful activities to beneficiaries who need assistance or supervision throughout the day.

Proposed Specific Provider Qualifications:

1. Hold a business license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Eligible Relative Care

A beneficiary's relative, including a spouse or registered domestic partner, may be hired as a caregiver to provide In-Home Personal Care services to the beneficiary. This is a third option to pay qualified family members for personal care.

Proposed Specific Provider Qualifications:

1. Be 18 years of age or older, be a relative to the beneficiary, and pass a DSHS background check
2. Meet all applicable laws and training requirements

Minimum Provider Qualifications Recommendations

Transportation

Transportation services are to support beneficiaries transporting to and from the grocery store, medical appointments, social services, and therapeutic recreational activities.

Proposed Specific Provider Qualifications:

1. Hold a business license, endorsement, credential, and/or certification
2. Be 18 years of age or older and pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

A beneficiary may turn in receipts for an approved transportation purchase, including transportation provided by a family member, friend, or neighbor, and be reimbursed by a Financial Management Services (FMS) vendor contracted by DSHS if beneficiary submits documentation to FMS vendor for covered purchase.

Minimum Provider Qualifications Recommendations

Respite for Family Caregivers – Residential Care Settings

Respite Care is a short-term specialty service offered by residential providers that allows family caregivers time for self-care. Respite Care may be provided by an Adult Family Home, Assisted Living Facility, or Nursing Home.

Proposed Specific Provider Qualifications:

1. Hold a professional license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Respite for Family Caregivers – Adult Day Services

Respite Care is a short-term specialty service offered by Adult Day Service providers that allows family caregivers time for self-care.

Proposed Specific Provider Qualifications:

1. Hold a business license
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Respite for Family Caregivers – Home Care Agency

Respite Care is a short-term specialty service offered by in-home care providers that allows family caregivers time for self-care. Respite Care may be provided in a beneficiary's home by a Home Care Agency.

Proposed Specific Provider Qualifications:

1. Hold a professional license for at least three years
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws
5. Litigation history
6. Have no significant licensing deficiencies in the three-year period before registration
7. Obtain an independent financial audit
8. Use electronic visit verification (EVV)
9. Establish employee conflict of interest policy guidelines, procedures, and safeguards

Minimum Provider Qualifications Recommendations

Respite for Family Caregivers – Individual Provider

Respite services will be used to relieve a paid or unpaid family caregiver who is caring for a beneficiary. Its purpose is to provide reprieve to the primary caregiver for a couple of hours up to a couple of weeks, if needed. A fully trained and credentialed Individual Provider (IP), employed with the Consumer Directed Employer, could be hired to provide this service.

Proposed Specific Provider Qualifications:

1. Be 18 years of age or older and pass a DSHS background check
2. Meet all applicable laws and training requirements

Minimum Provider Qualifications Recommendations

Vote on Group 3

- **Adult Day Services**
- **Eligible Relative Care**
- **Transportation**
- **Respite for Family Caregivers**
 - **Residential Settings**
 - **Adult Day**
 - **Home Care Agency**
 - **Individual Providers**

Minimum Provider Qualifications Recommendations

Care Transition Coordination

Care Transition Coordination is a specific, time-limited service that complements primary care. It is designed to ensure coordination and health care continuity as beneficiaries return home from an acute care setting like a hospital or skilled nursing facility.

Proposed Specific Provider Qualifications:

1. Hold a professional or business license as applicable
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Dementia Supports

Dementia Supports offers community-based services non-medical support to beneficiaries and their caregivers to improve care for the beneficiary by:

- Helping develop a behavior support plan for the beneficiary; and
- Providing legal consultation for people seeking simple wills or powers of attorney

Proposed Specific Provider Qualifications:

1. Hold a professional or business license as applicable
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Memory Care

Memory Care is a specialty service provided to beneficiaries with dementia in residential care settings. Memory care may be provided by an Adult Family Home, Assisted Living Facility, or Nursing Home.

Proposed Specific Provider Qualifications:

1. Hold a professional license, endorsement, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Education and Consultation

Beneficiaries and caregivers (including paid and unpaid family members) receive non-medical education, consultation, behavior management and training regarding the beneficiary's diagnoses and chronic health issues aimed at supporting the beneficiary to better manage their activities of daily living and their health and wellness.

Proposed Specific Provider Qualifications:

1. Hold a business or professional license, endorsement, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Services that Assist Paid and Unpaid Family Members - Housework and Errands

Housework and Errands supports beneficiaries to remain in the community by assisting with these tasks as they relate to health and safety of the beneficiary who may no longer be able to perform such duties. This service should not be used by beneficiaries who are already receiving any kind of in-home personal care as IADLs are included in that service.

Proposed Specific Provider Qualifications:

1. Hold a business license for at least one year
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws and OSHA's standard of use for cleaning agents

Minimum Provider Qualifications Recommendations

Services that Assist Paid and Unpaid Family Members – Yardwork and Snow Removal

Yardwork and Snow Removal allow safe egress/entry into the home; reduce potential fire danger; assist the beneficiary to comply with local city/county codes, or other local requirements, such as a Homeowner's Association, or to address violations to remain in their choice of setting.

Proposed Specific Provider Qualifications:

1. Hold a business license for at least one year
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Home Safety Evaluation

Home Safety Evaluation offers the assessment of a beneficiary's home by a professional to identify and reduce or eliminate potential hazards to help minimize injury and improve accessibility while in the home.

Proposed Specific Provider Qualifications:

1. Hold a business or professional license, endorsement, credential, and/or certification
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Professional Services (Skilled Nursing, Nurse Delegation, and Private Duty Nursing)

- **Skilled Nursing** is intended for short-term, intermittent treatment of acute conditions or exacerbation of a chronic condition. Skilled nursing is used for treatment of chronic, stable, long-term conditions that cannot be delegated or self-directed.
- **Nurse Delegation** allows an RN to delegate specific skilled nursing tasks to nursing assistants or home care aides for eligible clients who have a skilled nursing task need.
- **Private Duty Nursing** is a program that provides in-home skilled nursing care to individuals who would otherwise be served in a medical institution

Proposed Specific Provider Qualifications:

1. Hold a professional or business license, endorsement, credential, and/or certification as applicable
2. Pass a DSHS background check
3. Hold insurance consistent with WA Cares contract requirements
4. Meet all applicable laws

Minimum Provider Qualifications Recommendations

Vote on Group 4

- **Care Transition Coordination**
- **Dementia Supports**
- **Memory Care**
- **Education and Consultation**
- **Services that Assist Paid and Unpaid Family Members**
 - **Housework and Errands**
 - **Yardwork and Snow Removal**
- **Home Safety Evaluation**
 - **Skilled Nursing**
 - **Nurse Delegation**
 - **Private Duty Nursing**



**WA
CARES
FUND**

BREAK



Vote on Provider Payment Maximums Recommendations (Group 2)

Mark Stensager, Commission Member
Andrea Meewes Sanchez, DSHS

Provider Payment Maximums Recommendations

- The LTSS Trust Commission shall propose recommendations to DSHS regarding the establishment of payment maximums for approved services consistent with actuarial soundness which shall not be lower than Medicaid payments for comparable services. A service or supply may be limited by dollar amount, duration, or number of visits. The commission shall engage affected stakeholders to develop this recommendation.
- DSHS will use the Commission's recommendation on maximum rates to develop rates in agency rules and provider contracts.

Provider Payment Maximums Recommendations

- When beneficiaries come to WA Cares, DSHS will educate them about the need to plan for their long-term care journey and how WA Cares benefits fit into that.
- DSHS will contract with providers and monitor for fraud.

Workgroup Priorities:

- Incentivizing new provider participation
- Flexibility in choice for consumers to select either low or high-cost providers
- Allowing for rate differences by geography

Provider Payment Maximums Recommendations

Group 1	Group 2	Group 3	Group 4
<ul style="list-style-type: none">• Adult Family Home• Assisted Living• In-Home Personal Care• Nursing Home	<ul style="list-style-type: none">• Adaptive Equipment and Technology• Environmental Modifications• Home Delivered Meals• Personal Emergency Response Systems	<ul style="list-style-type: none">• Adult Day Services• Eligible Relative Care• Transportation• Respite for Family Caregivers	<ul style="list-style-type: none">• Care Transition Coordination• Dementia Support/Memory Care• Education and Consultation & Services that Assist Paid and Unpaid Family Members• Home Safety Evaluation• Professional Services

Provider Payment Maximums Recommendations – Adaptive Equipment and Technology

Commercial Rates

Description	Rate Range per Support
Bathroom Equipment	\$15 to \$1,000
Incontinence Supplies	\$10 to \$250
Mobility Aids	\$100 to \$5,000
Hospital Beds	\$500 to \$10,000
Lifts and Positioning	\$2,500 to \$15,000
Pressure Relieving Equipment	\$50 to \$300
Compression Garments	\$25 to \$500
Overall	\$10 to \$15,000

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Adaptive Equipment and Technology:

WA Cares will pay usual and customary rates up to a maximum of \$15,000

Typical services include but are not limited to: mobility aides, cognitive and sensory aides, and fine and gross motor aides. Assistive technology is any item, piece of equipment, or product system, whether acquired commercially off the shelf, modified, or customized.

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Environmental Modification

Commercial Rates

Description	Rate Range per Modification
Accessible Bathrooms and Bedrooms	\$100 to \$35,000
Accessible Lighting	\$20 to \$6,000
Automatic Door Openers	\$400 to \$6,000
Ceiling Track Lifts	\$1,500 to \$8,000
Door and Hallway Widening	\$300 to \$40,000
Emergency Exits	\$2,600 to \$5,600
Grab Bars	\$85 to \$500
Ramps	\$1,000 to \$5,000
Low-Pile Carpet and Smooth Flooring	\$100 to \$10,000
Stairlifts and Porch Lifts	\$1,500 to \$6,000
Overall	\$20 to \$40,000

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Environmental Modifications:

WA Cares will pay usual and customary rates up to a maximum of \$40,000

Typical services include but are not limited to: grab bars, ramps, widening doors, and bathroom remodels for safety and accessibility.

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Home Delivered Meals

Commercial Rates

<u>Description</u>	<u>Rate per Meal Serving</u>
Face-to-Face Delivery	\$8 to \$9
Mail Delivery	\$8.50 to \$16
Overall Range	\$8 to \$16

Includes prepared & ready meals from a range of meal providers

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Home Delivered Meals:

WA Cares will pay usual and customary rates up to a maximum of \$16 per meal.

Typical services include but are not limited to: box meals, pre-packaged meals, hot meals delivered to a beneficiary home.

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Personal Emergency Response Systems

Commercial Rates

Description	Rate Range per Service
Installation	\$0 to \$99
Monthly Service	\$19 to \$40
Add On Services	\$10 to \$43

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Personal Emergency Response Systems: WA Cares will pay usual and customary rates up to a maximum of \$100 for installation and \$83 per month for monthly services. This per month cost includes flexibility to accommodate multiple add on services.

Typical services include but are not limited to: Basic PERS, GPS, Med reminder and fall detector and wellness checks, via phone or in-person.

Note: Requests to exceed the maximum rate may be considered by the Department.

Report Out on Provider Payment Maximums Recommendations (Group 1)

Andrea Meewes Sanchez, DSHS
Milliman

Provider Payment Maximums Workgroup

Group 1	Group 2	Group 3	Group 4
<ul style="list-style-type: none">• Adult Family Home• Assisted Living• In-Home Personal Care• Nursing Home	<ul style="list-style-type: none">• Adaptive Equipment and Technology• Environmental Modifications• Home Delivered Meals• Personal Emergency Response Systems	<ul style="list-style-type: none">• Adult Day Services• Eligible Relative Care• Transportation• Respite for Family Caregivers	<ul style="list-style-type: none">• Care Transition Coordination• Dementia Support/Memory Care• Education and Consultation & Services that Assist Paid and Unpaid Family Members• Home Safety Evaluation• Professional Services

Provider Payment Maximums Workgroup Group 1 Stakeholder Feedback Themes

Common themes from stakeholders for Group 1 services:

- Concerns about the caregiver workforce shortage and wait times for services
- Desire to incentivize providers with higher rates balanced with the risk of compromising the existing Medicaid program, which serves over 75,000 clients
- Concerns about provider shortages in rural areas for residential settings
- Cost of transportation to homes in rural areas and high cost of living in urban areas contributing to lack of in-home personal care availability
- Desire for WA Cares to offer flexibility in services offered and payment rates
- Education required for beneficiaries to choose a setting that will fit with their unique situation, including education on blending funds to pay for care

Provider Payment Maximums Recommendations – Adult Family Home

Commercial Rates

Description	Commercial Rate
Adult Family Home	\$135 to \$455 per day

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Adult Family Home:

WA Cares will pay usual and customary rates up to a maximum of \$455 per day. Rates will be inflation adjusted on a regular basis.

Providers cannot charge the maximum rate without justification in the provider’s negotiated care plan. Rates will be adjusted to reflect regional differences.

Rates are payment in full for standard services consistent with the resident assessment. Typical services include but are not limited to: room (shared or private), meals, laundry, supervision, direct personal care, and medication assistance.

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Assisted Living Facility

Commercial Rates

Description	Commercial Rate
Assisted Living Facility	\$125 to \$540 per day

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Assisted Living Facility:

WA Cares will pay usual and customary rates up to a maximum of \$540 per day. Rates will be inflation adjusted on a regular basis.

Providers cannot charge the maximum rate without justification in the provider’s negotiated service agreement. Rates will be adjusted to reflect regional differences.

Rates are payment in full for standard services consistent with resident assessment. Typical services include but are not limited to: room (shared or private), meals, laundry, housekeeping, supervision, direct personal care, intermittent nursing services, specialty care

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Nursing Home

Commercial Rates

Description	Commercial Rate
Nursing Home	\$260 to \$535 per day

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Nursing Home:

WA Cares will pay usual and customary rates up to a maximum of \$535 per day. Rates will be inflation adjusted on a regular basis.

Providers cannot charge the maximum rate without justification in the provider’s resident assessment. Rates will be adjusted to reflect regional differences.

Rates are payment in full for standard services consistent with resident assessment. Typical services include but are not limited to: room and board (shared or private), direct personal care, meals consistent with requirements in WAC 388-91-1120, nursing services, and activities programs

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Respite in Residential Facilities

Commercial Rates

Description	Commercial Rate
Adult Family Home	\$135 to \$455 per day
Nursing Home	\$275 to \$540 per day
Assisted Living Facility	\$130 to \$535 per day

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Respite in Residential Facilities:

WA Cares will pay usual and customary rates up to a maximum of:

- Adult Family Home: \$455 per day
- Assisted Living Facility: \$540 per day
- Nursing Home: \$535 per day
- Rates will be inflation adjusted on a regular basis.

Providers cannot charge the maximum rate without justification in the resident assessment/care plan/agreement. Rates will be adjusted to reflect regional differences. Rates are payment in full for standard services consistent with the resident assessment/care plan/agreement. Typical services include but are not limited to:

- AFH: Personal care services or special care services
- ALF: Services needed to maintain or improve the individual's health and functional status during their stay as described in the negotiated service agreement
- NH: Services needed to maintain or improve the individual's health and functional status during their stay or care in the nursing home consistent with the beneficiary's plan of care

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – In-Home Personal Care including Respite

Commercial Rates

Description	Commercial Rate
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In-Home Personal Care	\$35 to \$45 per hour
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Description	Commercial Rate
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Respite - In-Home Personal Care	\$35 to \$45 per hour
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All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

In-Home Personal Care including Respite:

WA Cares will pay usual and customary rates up to a maximum of \$45 per hour. Rates will be inflation adjusted on a regular basis.

- Rates should be adjusted to reflect regional differences.
- Rates should be informed by the Medicaid rates for home care and should be inflation adjusted on a regular basis.
- DSHS should develop wage/compensation pass through requirements to incentivize long-term care worker participation and mitigate worker shortages.

Typical services include but are not limited to: ADLs, IADLs, and nurse delegation for Home Care Agencies per a plan of care developed by or with input from the beneficiary and within the scope of the long-term care worker's practice.

Report Out on Provider Payment Maximums Recommendations (Group 3)

Andrea Meewes Sanchez, DSHS
Milliman

Provider Payment Maximums Workgroup

Group 1	Group 2	Group 3	Group 4
<ul style="list-style-type: none">• Adult Family Home• Assisted Living• In-Home Personal Care• Nursing Home	<ul style="list-style-type: none">• Adaptive Equipment and Technology• Environmental Modifications• Home Delivered Meals• Personal Emergency Response Systems	<ul style="list-style-type: none">• Adult Day Services• Eligible Relative Care• Transportation• Respite for Family Caregivers	<ul style="list-style-type: none">• Care Transition Coordination• Dementia Support/Memory Care• Education and Consultation & Services that Assist Paid and Unpaid Family Members• Home Safety Evaluation• Professional Services

Provider Payment Maximums Workgroup Group 3 Stakeholder Feedback Themes

Common themes from stakeholders on Transportation and Adult Day Services including Respite:

- Adult day centers won't be able to expand capacity if rates are too low
- Desire to incentivize providers with higher rates balanced with the risk of compromising the existing Medicaid program, which serves over 75,000 clients
- Challenges in rural areas for transportation, limited availability of medical providers and distance required to get to specialty providers
- Consider variances in regional rates related to rural and non-rural provider needs and variances related to needs of individuals being transported

Provider Payment Maximums Recommendations – Transportation

Commercial Rates

Description	Commercial Rate
Transportation (NEMT Vendor)	\$35-\$50 pickup plus \$3-\$5 per mile Additional costs for wait time, hospital discharge, vehicle type, after hours, etc.
Transportation (Rideshare)	Average price of a 6-mile rideshare: All WA: \$25-\$28 Seattle: \$35-\$38 UberHealth: \$13-\$36, varies by geography

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Transportation:

To reduce actuarial risk, WA Cares will pay up to \$400 per month for transportation services. This includes any combination of the following:

- \$0.67 (or the current standard IRS mileage rate) per mile up to 220 miles per month for friends and family mileage reimbursement. Limits are imposed to reduce actuarial risk.
- Usual and customary per trip costs, which may include costs associated with wait time, hospital discharge, vehicle type to accommodate specific needs, after hours and mileage.

Note: Requests to exceed the maximum rate may be considered by the Department.

Provider Payment Maximums Recommendations – Adult Day Services including Respite

Commercial Rates

<u>Description</u>	<u>Commercial Rate</u>
Adult Day Services	\$75 to \$325 per day

<u>Description</u>	<u>Commercial Rate</u>
Respite - Adult Day Services	\$75 to \$325 per day

All numerical values shown are for discussion only. The rates represent a reasonable range of commercial costs observed for illustrative covered services but should not be considered bounds. The rate ranges are intended to inform the potential maximum rate for a group of covered services under WA Cares and should not be relied upon to set actual rates reimbursed to a provider for a specific service.

Workgroup Recommendation

Adult Day Services including Respite:

up to a maximum of \$325 per day for adult day services, including respite. The maximum rate reflects a full (8 hour) day offering adult day health skilled nursing and rehab therapy.

Rates will be adjusted to reflect regional differences and type of service provided, below:

- Adult Day Health (skilled nursing and rehabilitative therapy)
- Adult Day Care (supervised day programs, respite, and meaningful activities)
- Adult Day Care Respite (short term break for family/caregivers)

Note: Requests to exceed the maximum rate may be considered by the Department.

Milliman Caveats and Limitations

The commercial rate ranges presented are intended for the internal use of the Washington State Department of Social and Health Services (DSHS) and it should not be distributed, in whole or in part, to any external party without the prior written permission of Milliman, subject to the following exception:

- This presentation shall be a public record that shall be subject to disclosure to the State Legislature and its committees, persons participating in legislative reviews and deliberations, and parties making a request pursuant to the Washington Public Records Act

We do not intend this information to benefit any third party even if we permit the distribution of our work product to such third party.

In preparing this information, we relied on information provided by DSHS and publicly available data, which we accepted without audit. However, we did review this information for general reasonableness. Our results and conclusions may not be appropriate if this information is not accurate.

Annie Gunnlaugsson, Chris Giese, and Evan Pollock are actuaries for Milliman. They are members of the American Academy of Actuaries, and they meet the Qualification Standards of the American Academy of Actuaries to render the actuarial opinion contained herein.

Report out from Contingency Planning Workgroup

Ben Veghte, DSHS

Contingency Planning Workgroup

- The workgroup has been reviewing viable options to mitigate the impacts on WA Cares Fund solvency if participation were to become voluntary.
- The workgroup was briefed by Milliman on short and long-term risks of voluntary participation. It discussed ways to mitigate risk and potential risk mitigation strategies.
- A November LTSS Trust Commission meeting has been scheduled to recommend recommendations from the Contingency Planning Workgroup, if needed.

PUBLIC COMMENT

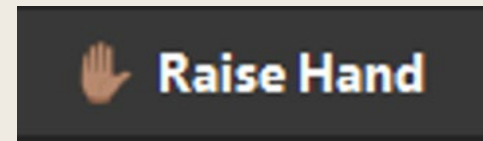
Submit written comments or questions to:
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For more information about the program, visit
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Attendees: click on the Raise Hand icon to sign up for public comment



Phone callers: press *9 to raise your electronic hand.

Then, when recognized, press *6 to unmute yourself

Review Agenda for October 30 Meeting

- Approve 9/11/2024 Commission meeting minutes
- Approve Agency Administrative Expenses Report
- Receive Program Update
- Receive Finance Update
- Receive Update on OSA Solvency Report and Recommendations
- Report out and Vote on Provider Payment Maximums Workgroup
- Review Draft Commission Recommendations Report

Wrap Up

- Action items review
- Adjourn

THANK YOU



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