

WA CARES BASICS:

What Businesses Need to Know

Kristen Maki

WA Cares Fund Community Relations & Outreach Program Manager, DSHS





Washington State Health Care Authority



Defining long-term care and caregiving



help with activities of daily living like bathing, eating & dressing



not medical care

like doctor visits & treatment for medical conditions



paid care from a professional



help from a

family member
or friend, often unpaid



services & supports provided in your own home



in a residential setting

like a nursing home or assisted living

We all have care stories in our families





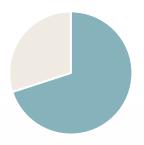
Sun-Hee and Yunhee are sisters and nurses living in the Puget Sound area and caring for their mom, who is experiencing cognitive decline.

Both sisters have stepped away from their careers to spend more time caring for their mom. They cook her Korean food and help her take her medication, grocery shop, clean her apartment, and keep a daily routine.



There's nothing I wouldn't do for her. She was there for us when we were growing up. She sacrificed for us, and I want to do that for her.

Long-term care is predictable and expensive



70% of us will need long-term care²



not coveredby health insurance or Medicare



\$35,880/year for 20 hours of home care per week³



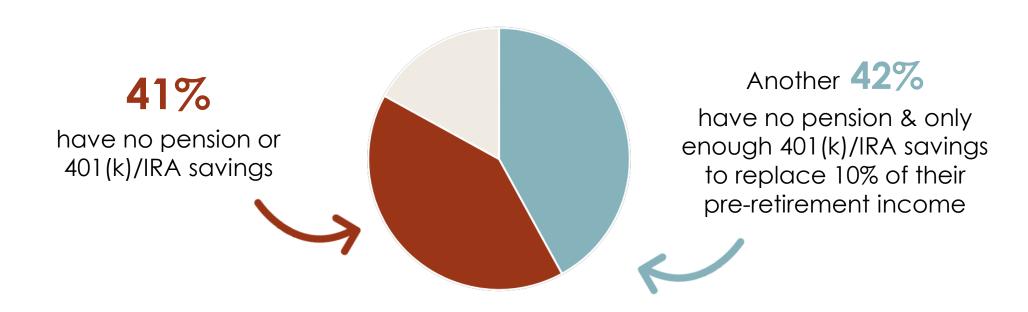
Only covered by Medicaid once savings are spent down to \$2,000

Most don't have a way to pay

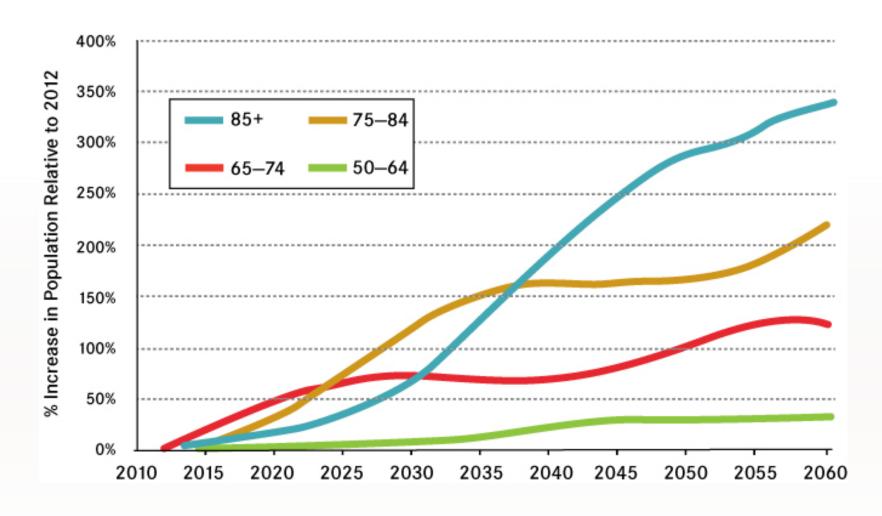
\$56,000/year

Median household income for Washington seniors⁴

AMONG WASHINGTON WORKERS AGE 55-645



Our population is aging rapidly



Source: Department of Social and Health Services, Research and Data Analysis Division

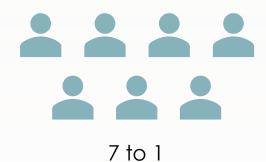
Families are increasingly unable to meet care needs

Number of potential family caregivers for each person who needs care⁶

2010

2030

2050







4 to 1

3 to 1

Family caregiving isn't free



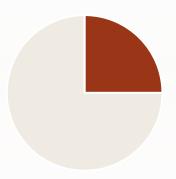
Almost half

of family caregivers report a related financial setback⁷



\$303,880

average lost wages and benefits for caregivers 50+ who leave workforce early⁸



25%

Average amount of their own income caregivers spend on related expenses⁷



2 in 3

working caregivers say a program that pays caregivers would help⁹

Businesses and workers are impacted

AMONG WORKING CAREGIVERS¹⁰

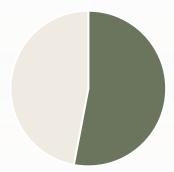


report caregiving responsibilities impacted their job



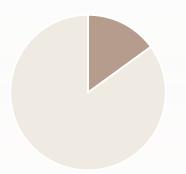
53%

Went in late, left early, took time off to provide care



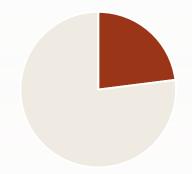
15%

Went from full-time work to part-time or reduced hours



23%

report their health has worsened since taking on the role



We all pay the high costs of long-term care



Without WA Cares, longterm care costs – which we all pay through taxes on goods and services – would have doubled in roughly two decades¹¹ \$10.4 billion

Washington's budget for long-term care (23-25 biennium)¹²

8.9%

of state budget spent on long-term care (23-25 biennium)¹²



WA Cares Fund can help

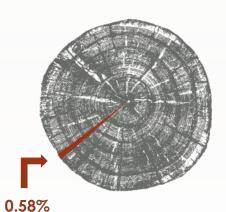
- Earned benefit
- Self-funded by worker contributions
- Works like an insurance program
- Only contribute while you're working
- Everyone covered at same rate regardless of pre-existing conditions
- No copays, no deductibles, and you never have to file a claim

Typical Income:

\$50,091

Typical Contribution:

\$291/year



Contributions

0.58%

Amount workers contribute from wages



Contributions began

Benefits

\$36,500

Lifetime maximum benefit (adjusted annually up to inflation)



Benefits available

Affordable contributions across your career

\$35,000 annual salary		
Each year	\$203	
Over 10 years	\$2,030	
Over 20 years	\$4,060	
Over 30 years	\$6,090	

\$50,000 annual salary		
Each year	\$290	
Over 10 years	\$2,900	
Over 20 years	rs \$5,800	
Over 30 years	\$8,700	

\$75,000 annual salary		
Each year	\$435	
Over 10 years	\$4,350	
Over 20 years	\$8,700	
Over 30 years	\$13,050	

\$36,500 benefit amount will be adjusted annually up to inflation.

Who contributes to WA Cares

Automatically not included

- Workers whose work is not localized in WA not included (same definition as Paid Family and Medical Leave)
- Federal employees not included
- Employees of tribal businesses only included if tribe opts in
- Self-employed individuals only included if they opt in

Must apply to ESD for an exemption			
Exemption type	Availability	Permanent?	
Workers who live out of state	Ongoing	×	
Workers on non-immigrant visas	Ongoing	×	
Spouses & domestic partners of active-duty U.S. armed forces	Ongoing	×	
Veterans with 70%+ service- connected disability	Ongoing	/	
Workers who had private long-term care insurance by 11/1/21	**No longer available**		

Visit <u>wacaresfund.wa.gov/exemptions</u> for details

Self-employed elective coverage

Eligible for elective coverage:

- Sole proprietors
- Joint venturers or members of a partnership
- Members of a limited liability company (LLC)
- Independent contractors
- Otherwise in business for yourself

Opt into WA Cares and protect yourself!

- Get the same affordable benefits available to other Washington workers
- Contribute 0.58% of:
 - Your net earnings
 - Gross wages, if any, paid to you from your business entity
- Must work 500 hours per year to earn benefits (to calculate, divide gross annual wages by current minimum wage)
- Applications became available July 1, 2023
- Learn more at <u>wacaresfund.wa.gov/opt-in</u>

Qualifying for benefits

Lifetime access to full benefit

Contributed for a total of 10 years without a break of 5+

consecutive years



Early access to full benefit

3 of the last 6 years at the time you apply for benefits



FOR NEAR-RETIREES

Lifetime access to partial benefit

People born before 1968 earn

10% of benefit amount

for each year worked





To earn benefits, must work at least 500 hours per year (about 10 hours per week)

The benefit is flexible

Up to \$36,500 for any combination of services and supports, including:



Professional care at home or in a facility

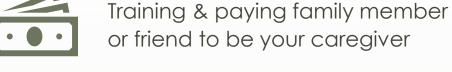


Adaptive equipment & technology like hearing or medication reminder devices





Home-delivered meals





Home safety evaluations & environmental modifications like wheelchair ramps



Support & respite for family caregivers



Transportation

Must need help with 3 activities of daily living like bathing, dressing, eating, medication management

How far will the benefit go?



Family caregiver

Paying a family caregiver \$31,300

10 hours/week for 2 years

Care supplies \$2,200

2 years of incontinence

supplies

Total

\$33,500

Total

\$26,800



Home accessibility

Home safety renovations \$15,000

Electric wheelchair or scooter \$2,600

Weekly meal delivery \$9,200

7 meals/week for 3 years



Temporary support & services

Part-time caregiver \$31,300

20 hours/week for 1 year

Transportation to appointments \$3,200

for 1 year

Crutches \$50

Total \$34,600

Note: These are estimates and do not guarantee the cost of any services, which may vary based on your area and other factors.

Taking WA Cares benefits out of state

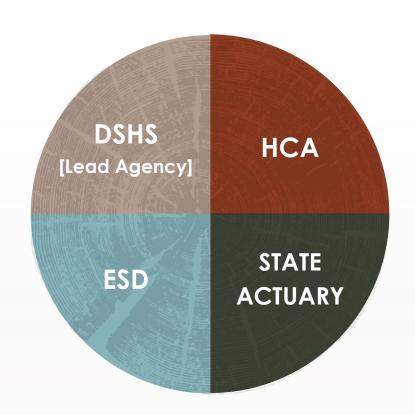
- New law passed this year to allow workers to use their benefit outside Washington
- Starting in July 2026, workers can choose to continue participating in WA Cares if they move out of state
- Must have contributed to WA Cares for at least 3 years (working 500+ hours per year) and must opt in within a year of leaving WA
- Like other workers, out-of-state participants keep contributing during working years
- Benefits available starting July 2030



Cross agency responsibilities

- Process applications
- Perform care needs assessments
 & determine eligibility
- Manage providers

- Collect premiums and wage reports
- Determine vesting status
- Process exemptions
- Process requests from self-employed individuals opting in



- Pay providers
- Track benefit usage

 Provide actuarial analysis to assess ongoing Trust Fund solvency

Questions & answers



Benefits for your family & community



Care for you

to help you stay in your own home for longer as you age



Financial support

by keeping benefits workers earn in their family or community



Care for loved ones

who can make you a paid caregiver or get other services to ease impact of care needs



Affordable coverage

for the majority of families who can't afford private long-term care insurance



Resources for your workplace

to help your coworkers stay in their jobs & care for their families



Lower costs

of long-term care spending we all pay through sales & other taxes



Thank you

Find webinar materials at <u>wacaresfund.wa.gov/webinars</u>

Follow us on <u>Facebook</u>, <u>Instagram</u>, and <u>LinkedIn</u>

Contact us by email

wacaresfund.wa.gov/ contact-us Contact us by phone (employers & exemptions)

833-717-2273

Contact us by phone (other questions)

844-CARE4WA

References

- 1. AARP: https://www.aarp.org/content/dam/aarp/ppi/2019/11/family-caregivers-data-by-state.pdf
- 2. U.S. Department of Health and Human Services: https://aspe.hhs.gov/reports/what-lifetime-risk-needing-receiving-long-term-services-supports
- 3. Genworth: https://www.genworth.com/aging-and-you/finances/cost-of-care.html
- 4. U.S. Census Bureau:

 https://data.census.gov/cedsci/table?q=Washington%20Income%20and%20Poverty&tid=ACSST1Y2019.S1903&hidePreview=false
- 5. Washington State Department of Commerce: http://www.commerce.wa.gov/wp-content/uploads/2017/12/Commerce-Retirement-Readiness-Study-2017.pdf
- 6. AARP: https://www.aarp.org/home-family/caregiving/info-08-2013/the-aging-of-the-baby-boom-and-the-growing-care-gap-AARP-ppi-ltc.html
- 7. AARP: https://www.aarp.org/research/topics/care/info-2016/family-caregivers-cost-survey.html
- 8. MetLife and National Alliance for Caregiving: https://www.caregiving.org/wp-content/uploads/2011/06/mmi-caregiving-costs-working-caregivers.pdf
- 9. AARP: https://www.aarp.org/content/dam/aarp/ppi/2020/05/full-report-caregiving-in-the-united-states.doi.10.26419-25ppi.00103.001.pdf
- 10. AARP: https://www.aarp.org/ppi/info-2020/managing-a-paid-job-and-family-caregiving.html
- 11. Washington Office of the State Actuary and Milliman: https://leg.wa.gov/osa/additionalservices/Documents/Report02-WA.Cares.Fund.Medicaid.Savings_20211105.pdf
- 12. Office of Financial Management: https://ofm.wa.gov/budget/state-budgets