

스포츠라이트

WA Cares 신청



2026년 1월 27일

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wacaresfund.wa.gov/webinar에서 슬라이드와 녹화본을 확인하세요.

우리의 장기요양 비용 지불 방법이 작동하지 않습니다

특히 우리 인구가 고령화됨에 따라 우리 모두는 높은 장기요양 비용으로 인한 영향을 맞이하게 됩니다.

우리 대부분은 장기요양 비용을 감당할 수 없습니다.



우리 중 **70%**는 간병이 필요하게 됩니다.



\$23,400

6개월 동안 주당 20시간의 재택 간병을 받는 비용



\$69,000

워싱턴주 노인의 연간 중위 가계 소득

가족 간병은 무료가 아닙니다.



대략 절반이 경제적 차질이 있음을 보고했습니다



\$303,880

조기에 퇴직함으로써 발생한 급여 및 수당 손실



간병인의 **26%**가 본인의 소득을 지출합니다

기업과 경제에 영향을 미칩니다



일을 하고 있는 간병인의 **61%**가 직업에 영향을 준다고 보고했습니다.



급여의 1.5 배

퇴직을 한 근로자를 대체하는 비용

작동 방식

자동 기여

일을 하시는 동안 급여의
0.58%를 기여합니다



혜택 자격

귀하께서 기여 및 요양 필요
요건을 충족하셨다면 혜택
이용을 신청하십시오. **2026년
7월** 혜택을 이용할 수 있게
됩니다

혜택을 이용하십시오

귀하의 **\$36,500 평생 혜택
금액**(인플레이션에 따라 증가)을
보장 서비스에 어떻게 이용할
것인지 선택하십시오



기여 요건

자격을 얻으시려면 세 가지 경로 중 한 가지의 요건을 충족하셔야 합니다

전체 혜택 금액

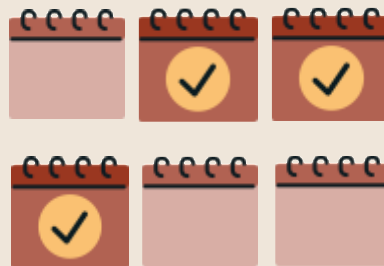
영구

영구 이용:
경력 기간 중
10년 이상 기여한
경우



임시

임시 이용:
혜택을 신청하실 당시
최근 6년 중 3년 이상
기여한 경우



비례배분 금액

이전

1968년 전 출생

영구 이용:
**매년 기여한 총 혜택
금액의 10%** 이용



예를 들어: 2년 동안
총 혜택 금액의 20%를 얻게 됩니다

일을 하시는 동안 저렴한 기여금

\$40,000 연 급여	
월간	\$19
30년 동안	\$6,960

일반적인 워싱턴주 근로자	
\$59,000 연 급여*	
월간	\$29
30년 동안	\$10,260

\$80,000 연 급여	
월간	\$39
30년 동안	\$13,920

\$36,500부터 시작하여 시간이 지남에 따라 증가하는 혜택 받기

*워싱턴주 고용 안보부(Washington State Employment Security Department) 데이터

요양은 요건을 충족해야 합니다

- 일상 생활의 활동 중 3 가지 이상에 도움이 필요한 경우
- 90일 이상 도움이 계속 필요한 경우



목욕



이동



이동성
(Mobility)



투약
관리



화장실 사용



침대에서
이동하기



식사하기

혜택 신청

- 다음 웹사이트에서 계정을 만드십시오
wacaresfund.wa.gov/apply
- 신청서를 제출하십시오
- 저희가 귀하께서 기여 요건을 충족했음을 확인합니다
- 예약을 정하고 귀하의 요양 요구에 대해 상담합니다
- 귀하께서 혜택 이용 승인을 받으시면 저희가 알려드립니다

지원이 필요하십니까?



다른 사람이 귀하의 계정을 관리해드릴 수 있습니다



귀하의 지역 내 노인 기관(Area Agency on Aging)에서 도움을 드릴 수 있습니다

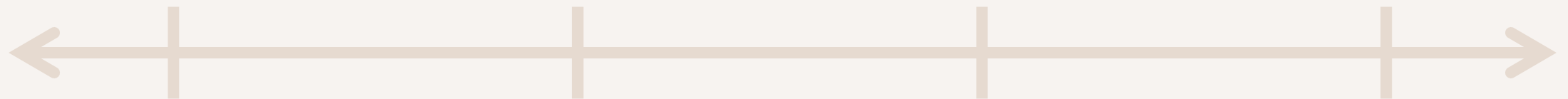
다음 마일스톤

2026년
1월 6일

2026년
4월 1일

2026년
5월 18일

2026년
7월 1일



시범 적용 시작

Lewis, Mason,
Thurston 및
Spokane 카운티

온라인 계정

생성 시작 및 기여
상태 이용

신청 개시

주 전역

혜택 이용 가능

주 전역

주 외에서 혜택 받기

- **2026년 7월:** 다음에 해당하실 경우 워싱턴주를 벗어나서도 계속 참여할 수 있습니다.
 - 3년 이상 기여함(연간 500시간 이상)
 - 주를 떠난 후 1년 내에 가입함
- 일을 하는 기간 동안 계속 기여함
- **2030년 7월:** 주 외부 참여자가 이용할 수 있는 혜택



“우리 가족에게 WA Cares가 있었다면 **저의 현실은 달라졌을 것입니다.** WA Cares가 있고 다른 주에서도 이용할 수 있다는 점은 아주 큰 의미입니다”

– Kendall, 시애틀의 가족 간병인

계정 생성

Welcome to your WA Cares Fund account!

Thank you for connecting your SecureAccess Washington (SAW) account to the WA Cares Fund. We just need to collect a few pieces of information about you.

[Set up your WA Cares Profile](#)

Have questions or need assistance in creating your WA Cares profile? Call our customer care team at 844-CARE4WA (844-227-3492). Visit [help & support](#) for customer care hours and TTY/TDD options.

이 정보를 준비하십시오

- 법적 이름 및 선호하는 이름
- 기본 신상 정보

계정 생성

이름과 대명사를 확인 또는 업데이트합니다

귀하께서 원하시는 언어와 소통 설정을 알려주십시오

Let's start with your basic information.

First, we need your legal name. You'll also have a chance to tell us if you go by a different name, so we know how to refer to you.

Is your legal name displayed correctly?
First name: Kimmy
Last name: Gibbler

I go by a different name My legal name is not displayed correctly

Let's correct your legal name.
Correcting how your name appears in the fields below will be updated in your profile right away. However, entering a different legal name may require a WA Cares team member to review your name. They may also reach out for documentation to verify the new name.

* Legal First Name Legal Middle Name (if applicable) * Legal Last Name

What pronouns do you go by?

- Clear --
- He/Him
- She/Her
- They/Them
- Ze/Hir
- Ze/Zim
- Ze/Zir

[Next >](#)

How can WA Cares support your language and communication preferences?

Please select from the available written and spoken languages, as well as accessible formats for blind or visually impaired people. We will provide support and send documents in your language.

Spoken Communication
Such as phone calls and assessments

* Preferred Spoken Language

* Is this also your native language?
 Yes No

Would you like TTY or Sign Language Services?

Written Communication
Such as documents and letters

* Preferred Written Language

Would you like braille or large print notices?

[< Back](#) [Next >](#)

계정 생성

Finally, how do you want to receive notifications?

WA Cares will notify you of any important updates to your account or benefit, such as eligibility notifications, application notifications and actions required by you.

Email (Automatically sent for all account updates)

SMS/Text message

Must be able to receive SMS/Text messages. Data rates apply.

Mail (Allow 10 business days)

[< Back](#)

[Next >](#)

언제든지 계정 설정으로 이동하여 소통 설정을 선택하시면 통지 설정을 검토하고 편집하실 수 있습니다.

SETTINGS

WA Cares ID: 26345695999 ⓘ

Beneficiary profile

Communication preferences

Authorized user

WA Cares account

Forms

Communication preferences

We automatically email you about account updates such as application status, benefit balance, new authorizations, or account changes. You can also opt into receive notifications by SMS/Text Message and/or mail (paper notifications).

Notifications about your benefit or account [Edit](#)

Email

Automatic (default)

SMS/Text message

No

Paper messages (by mail)

Yes

Stay connected to WA Cares!

Sign-up for our WA Cares newsletter to ensure you receive the latest news on policy changes, announcements and community events.

[Go to GovDelivery to sign-up](#)

계정 생성

Your WA Cares account is now set up! You can go to your WA Cares dashboard.

[Go back to dashboard](#)

Have questions about becoming an authorized user? Call the WA Cares at [844-CARE4WA \(844-227-3492\)](tel:844-CARE4WA). Visit [help & support](#) for customer care hours and TTY-TDD options

계정 생성



Dashboard

Documents

Notifications (4)

Support Messages

Settings

Languages

Kimmy Gibbler

KIMMY GIBBLER

WA Cares ID: 26345695999



You have 4 new notifications to review. [View notifications.](#)

Your projected benefit

\$36,500.00

Projected benefit if used today

\$41,296.00

Projected benefit if first use is at age 80

This is an estimate of your benefit, at the age you begin using it. It's based on annual adjustments for inflation, even after you stop working and contributing.

Explore more details with the [WA Cares calculator](#), or [see how far your benefit goes](#).

Your Annual Statement

Your Annual Statement summarizes your contribution to WA Cares. Your statement may be requested once per year and can help you understand when you might meet the **contribution requirements**. This is not a Contribution Determination.



Receiving your Annual Statement usually takes just a few minutes but may take longer if you provided new information for us to review

Coming April 2026

Ready to access your WA Cares benefit?

In order to access the WA Cares benefit, you need to meet the [contribution requirement](#) and [care need requirements](#). Follow the steps below to determine if you're eligible to use the benefit.

1

See if you meet the contribution requirement

Need care? Begin by requesting a review of your work history to see if you qualify for the WA Cares benefit. Data from the Employment Security Department (ESD) is used to make the determination.

Most determinations are ready within minutes, but some may take up to 14 business days if further research is needed. The letter will show if you meet the contribution requirement.

Request a Contribution Determination

2

See if you meet the care needs requirement.

As part of the process you will need to:

Complete your intake calls: During this call with a WA Cares team member you will schedule your Care Needs Assessment.

Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care

귀하의 분담금 결정 요청

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[Request a Contribution Determination](#)

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Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care needs requirement and how to use your benefit.

귀하의 분담금 결정 요청



 Languages

 Save & exit



We've submitted your request! Your Contribution Determination is pending.

The Employment Security Department (ESD) will review your contribution and work history to determine if you meet the [contribution requirement](#). Most Contribution Determination are ready in minutes, but some may take up to 14 business days if further research is needed. You will receive a notification when your Contribution Determination is available.

In need of more immediate care services? There may be resources that can assist you. Find [additional resources](#) or call us at [844-CARE4WA \(844-227-3492\)](#). Visit help & support for customer care hours and TTY/TDD options.

[Go back to dashboard](#)

Have questions about the contribution determination process?
Call the Employment Security Department at [\(833\) 717-2273](#).

신청서 서명

Ready to access your WA Cares benefit?

In order to access the WA Cares benefit, you need to meet the [contribution requirement](#) and [care need requirements](#). Follow the steps below to determine if you're eligible to use the benefit.

1 See if you meet the contribution requirement.

You meet the contribution requirement! Your contributions may qualify you for the full benefit.

You can now schedule your Care Needs Assessment to see if you meet the care needs requirement.

Contribution Determination (Uploaded)

[View](#)

View your Contribution Determination document for more details.

2 See if you meet the care needs requirement.

As part of the process you will need to:

Complete your intake calls: During this call with a WA Cares team member you will schedule your Care Needs Assessment.

Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care needs requirement and how to use your benefit.

[Submit Application](#)

접수 통화

접수는 간병 필요성 평가를 준비하고 유형을 결정하며 일정을 정하기 위해 신청인으로부터 필요한 정보를 수집하는 절차입니다.

What are the best times to reach you?

Please let us know when you're available for a team member to call you and schedule your Care Needs Assessment. They'll try to reach you during the times you're free. You can choose multiple days or times that work for you.

All times shown in Pacific Standard Time.

***Days of the week**

Monday Tuesday Wednesday Thursday Friday

***Times of the day**

Morning (9 AM to 11 AM) Mid-day (11 AM to 2 PM) Afternoon (2 PM to 4 PM)

No Preference

I have no preference. I can be called at any time.

Next

간병 필요성 평가를 완료하고 혜택 결정을 검토합니다

LORELAI GILMORE

WA Cares ID: 26345696003 ⓘ



You have 7 new notifications to review. [View notifications.](#)

Your WA Cares application is complete and your Benefit Determination is ready for review.

[Withdraw my application](#)



Submit Application



Schedule Care Needs Assessment



Complete Care Needs Assessment ⓘ



Receive your Benefit Determination ⓘ

Next step:

Review your Benefit Determination

Your Benefit Determination tells you whether you have been approved or denied. Please review this document to understand the decision and your rights.

You can review your Benefit Determination at any time in [Documents](#).

[View Benefit Determination](#)



질문 및 답변

저희의 발표는 어땠습니까?

저희는 여러분의 피드백을 중요하게 생각합니다! 짧은 설문조사를 작성하셔서 오늘 발표에 대한 생각을 알려주십시오.

감사합니다!

다음 웹주소로 웨비나 자료를 확인하십시오.

wacaresfund.wa.gov/webinars

저희를 팔로우해주십시오. [Facebook](#), [Instagram](#), 및 [LinkedIn](#)



이메일 문의

wacaresfund.wa.gov/contact-us

**전화 문의
(고용주 및 면제)**

833-717- 2273

**전화 문의
(기타 질문)**

844-CARE4WA