

Punto destacado

Solicitudes de WA Cares



27 de enero de 2026

Crystal Williamson

Gerente del Programa de Admisiones, DSHS

Sun-Young Pak

Gerente del Programa de Elegibilidad para Beneficios, DSHS

Krystal Baumann

Gerente de la Unidad de Innovación de Beneficios, DSHS

Robyn Ciliax

Gerente del Programa de Beneficios y Atención al Cliente, DSHS

Sebastian Cahe

Jefe de Difusión y Acceso Lingüístico, DSHS

Loegan Sargent

Jefe de Difusión y Acceso Lingüístico, DSHS



Consiga las diapositivas y la grabación en wacaresfund.wa.gov/webinar.

La manera en que pagamos por el cuidado a largo plazo no funciona

Todos enfrentamos las consecuencias de los altos costos del cuidado a largo plazo conforme nuestra población envejece.

La mayoría de nosotros no podemos pagar el cuidado a largo plazo.



70% de nosotros necesitará cuidado.



\$23,400
Costo anual de 20 horas de cuidado en el hogar por semana



\$69,000
Ingreso anual mediano del hogar de los adultos mayores de WA

El cuidado familiar no es gratuito.



Casi la mitad informan que tuvieron problemas financieros relacionados



\$303,880
en salarios y beneficios perdidos por dejar la fuerza laboral de forma anticipada



26% del ingreso de los cuidadores se gasta en este concepto

Esto afecta a las empresas y la economía.



61% de los cuidadores que trabajan informan sobre efectos en su empleo



1.5 veces su salario
Costo de reemplazar a un trabajador que renuncia

Cómo funciona

Contribuya automáticamente

Contribuya el **0.58%** de su **salario** durante sus años de trabajo



Cumpla los requisitos para los beneficios

Solicite el acceso a sus beneficios si ha cumplido los requisitos de contribución y necesidad de cuidado. **Los beneficios empezarán a estar disponibles en julio de 2026.**

Utilice sus beneficios

Elija cómo utilizar el **monto de sus beneficios de \$36,500 de por vida** (aumenta con la inflación) en servicios cubiertos



Requisito de contribución

Cumpla los requisitos de una de las tres vías para ser elegible

MONTO COMPLETO DEL BENEFICIO

Permanente

Acceso permanente si contribuyó durante **10 años o más** en cualquier momento de su carrera



Temporario

Acceso temporal si contribuyó al menos **3 de los últimos 6 años** al momento de solicitar beneficios



MONTO PRORRATEADO

Transición

si nació antes de 1968

Acceso permanente al **10% del monto total de los beneficios por cada año** que contribuyó



Por ejemplo: con 2 años obtiene el 20% del monto total del beneficio

Contribuciones asequibles durante su vida laboral

\$40,000 de salario anual	
Por mes	\$19
Durante 30 años	\$6,960

TRABAJADOR TÍPICO DE WA	
\$59,000 de salario anual*	
Por mes	\$29
Durante 30 años	\$10,260

\$80,000 de salario anual	
Por mes	\$39
Durante 30 años	\$13,920

Para obtener beneficios que inician en **\$36,500** y aumentan con el tiempo

**Datos del Departamento de Seguridad del Empleo del Estado de Washington*

Requisito de necesidad de cuidado

- Necesitar ayuda con **3 actividades de la vida cotidiana**
- Seguirá necesitando ayuda **por lo menos durante 90 días**



Transferencias



Administración de medicamentos



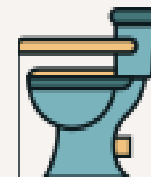
Movilidad en la cama



Baño



Movilidad



Uso del inodoro



Alimentación

Cómo solicitar beneficios

- Abra una cuenta en línea en wacaresfund.wa.gov/apply
- Envíe su solicitud
- Confirmamos que ha cumplido el requisito de contribución
- Programe una cita para hablar sobre sus necesidades de cuidado
- Le avisaremos si se aprueba el uso de sus beneficios

¿Necesita ayuda?



Alguien más puede administrar su cuenta



Su agencia local para la tercera edad puede ayudarle

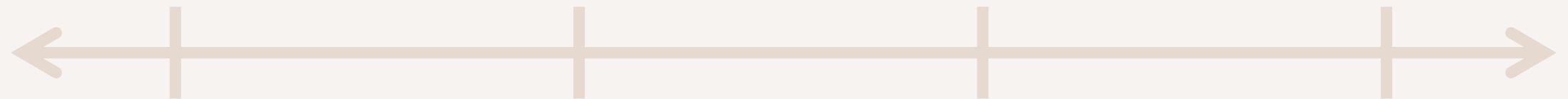
Hitos próximos

**6 de enero,
2026**

**1 de abril,
2026**

**18 de mayo,
2026**

**1 de julio,
2026**



Inicia el programa piloto
en los condados de Lewis, Mason, Thurston y Spokane

Inicia la apertura
de cuentas en línea con información sobre el estatus de contribuciones

Inician las solicitudes
a nivel estatal

Beneficios disponibles
a nivel estatal

Recibir beneficios fuera del estado

- **Julio de 2026:** Puede seguir participando después de salir del estado si:
 - Ha contribuido por lo menos 3 años (500 horas o más al año)
 - Se inscribe antes de que pase 1 año de su partida
- Sigue contribuyendo durante sus años de trabajo
- **Julio de 2030:** Beneficios disponibles para participantes fuera del estado



"Si mi familia tuviera WA Cares, **mi realidad habría sido distinta.** WA Cares y la capacidad de llevarlo a otro estado es algo increíble".

– Kendall, cuidadora familiar en Seattle

Creación de la cuenta

Welcome to your WA Cares Fund account!

Thank you for connecting your SecureAccess Washington (SAW) account to the WA Cares Fund. We just need to collect a few pieces of information about you.

[Set up your WA Cares Profile](#)

Have questions or need assistance in creating your WA Cares profile? Call our customer care team at 844-CARE4WA (844-227-3492). Visit [help & support](#) for customer care hours and TTY/TDD options.

Tenga esta información a la mano

- Nombre legal y nombre que prefiere
- Información demográfica básica

Creación de la cuenta

Confirme o modifique su nombre y sus pronombres

Let's start with your basic information.

First, we need your legal name. You'll also have a chance to tell us if you go by a different name, so we know how to refer to you.

Is your legal name displayed correctly?
First name: Kimmy
Last name: Gibbler

I go by a different name My legal name is not displayed correctly

Let's correct your legal name.
Correcting how your name appears in the fields below will be updated in your profile right away. However, entering a different legal name may require a WA Cares team member to review your name. They may also reach out for documentation to verify the new name.

* Legal First Name Legal Middle Name (if applicable) * Legal Last Name

What pronouns do you go by?

- Clear --
- He/Him
- She/Her
- They/Them
- Ze/Hir
- Ze/Zim
- Ze/Zir

[Next >](#)

Seleccione sus preferencias de idioma y comunicación

How can WA Cares support your language and communication preferences?

Please select from the available written and spoken languages, as well as accessible formats for blind or visually impaired people. We will provide support and send documents in your language.

Spoken Communication
Such as phone calls and assessments

* Preferred Spoken Language

* Is this also your native language?
 Yes No

Would you like TTY or Sign Language Services?

Written Communication
Such as documents and letters

* Preferred Written Language

Would you like braille or large print notices?

[< Back](#) [Next >](#)

Creación de la cuenta

Finally, how do you want to receive notifications?

WA Cares will notify you of any important updates to your account or benefit, such as eligibility notifications, application notifications and actions required by you.

Email (Automatically sent for all account updates)

SMS/Text message

Must be able to receive SMS/Text messages. Data rates apply.

Mail (Allow 10 business days)

[< Back](#)

[Next >](#)

Puede revisar y modificar sus preferencias de notificación en cualquier momento; para hacerlo, debe ir a la configuración de su cuenta y seleccionar "Communication Preferences" (Preferencias de comunicación).

SETTINGS

WA Cares ID: 26345695999 ⓘ

Beneficiary profile

Communication preferences

Authorized user

WA Cares account

Forms

Communication preferences

We automatically email you about account updates such as application status, benefit balance, new authorizations, or account changes. You can also opt into receive notifications by SMS/Text Message and/or mail (paper notifications).

Notifications about your benefit or account

[Edit](#)

Email

Automatic (default)

SMS/Text message

No

Paper messages (by mail)

Yes

Stay connected to WA Cares!

Sign-up for our WA Cares newsletter to ensure you receive the latest news on policy changes, announcements and community events.

[Go to GovDelivery to sign-up](#)

Creación de la cuenta

Your WA Cares account is now set up! You can go to your WA Cares dashboard.

[Go back to dashboard](#)

Have questions about becoming an authorized user? Call the WA Cares at [844-CARE4WA](tel:844-CARE4WA) (844-227-3492). Visit [help & support](#) for customer care hours and TTY-TDD options

Creación de la cuenta



Dashboard

Documents

Notifications (4)

Support Messages

Settings

Languages

Kimmy Gibbler

KIMMY GIBBLER

WA Cares ID: 26345695999



You have 4 new notifications to review. [View notifications.](#)

Your projected benefit

\$36,500.00

Projected benefit if used today

\$41,296.00

Projected benefit if first use is at age 80

This is an estimate of your benefit, at the age you begin using it. It's based on annual adjustments for inflation, even after you stop working and contributing.

Explore more details with the [WA Cares calculator](#), or [see how far your benefit goes](#).

Your Annual Statement

Your Annual Statement summarizes your contribution to WA Cares. Your statement may be requested once per year and can help you understand when you might meet the **contribution requirements**. This is not a Contribution Determination.



Receiving your Annual Statement usually takes just a few minutes but may take longer if you provided new information for us to review

Coming April 2026

Ready to access your WA Cares benefit?

In order to access the WA Cares benefit, you need to meet the [contribution requirement](#) and [care need requirements](#). Follow the steps below to determine if you're eligible to use the benefit.

1

See if you meet the contribution requirement

Need care? Begin by requesting a review of your work history to see if you qualify for the WA Cares benefit. Data from the Employment Security Department (ESD) is used to make the determination.

Most determinations are ready within minutes, but some may take up to 14 business days if further research is needed. The letter will show if you meet the contribution requirement.

Request a Contribution Determination

2

See if you meet the care needs requirement.

As part of the process you will need to:

Complete your intake calls: During this call with a WA Cares team member you will schedule your Care Needs Assessment.

Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care

Solicite su determinación de contribuciones

Ready to access your WA Cares benefit?

In order to access the WA Cares benefit, you need to meet the [contribution requirement](#) and [care need requirements](#). Follow the steps below to determine if you're eligible to use the benefit.

1

See if you meet the contribution requirement

Need care? Begin by requesting a review of your work history to see if you qualify for the WA Cares benefit. Data from the Employment Security Department (ESD) is used to make the determination.

Most determinations are ready within minutes, but some may take up to 14 business days if further research is needed. The letter will show if you meet the contribution requirement.

[Request a Contribution Determination](#)

2

See if you meet the care needs requirement.

As part of the process you will need to:


Complete your intake calls: During this call with a WA Cares team member you will schedule your Care Needs Assessment.

Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care needs requirement and how to use your benefit.

Solicite su determinación de contribuciones



 Languages

 Save & exit



We've submitted your request! Your Contribution Determination is pending.

The Employment Security Department (ESD) will review your contribution and work history to determine if you meet the [contribution requirement](#). Most Contribution Determination are ready in minutes, but some may take up to 14 business days if further research is needed. You will receive a notification when your Contribution Determination is available.

In need of more immediate care services? There may be resources that can assist you. Find [additional resources](#) or call us at [844-CARE4WA \(844-227-3492\)](#). Visit [help & support](#) for customer care hours and TTY/TDD options.

[Go back to dashboard](#)

Have questions about the contribution determination process?
Call the Employment Security Department at [\(833\) 717-2273](#).

Firme su solicitud

Ready to access your WA Cares benefit?

In order to access the WA Cares benefit, you need to meet the [contribution requirement](#) and [care need requirements](#). Follow the steps below to determine if you're eligible to use the benefit.

1 See if you meet the contribution requirement.

You meet the contribution requirement! Your contributions may qualify you for the full benefit.

You can now schedule your Care Needs Assessment to see if you meet the care needs requirement.

Contribution Determination (Uploaded)

[View](#)

View your Contribution Determination document for more details.

2 See if you meet the care needs requirement.

As part of the process you will need to:

Complete your intake calls: During this call with a WA Cares team member you will schedule your Care Needs Assessment.

Complete your Care Needs Assessment: You'll meet with a WA Cares team member who will ask about your health and tasks of daily living to determine if you meet the care needs requirement.

Receive your Benefit Determination: It'll summarize whether you've met the care needs requirement and how to use your benefit.

[Submit Application](#)

Haga su llamada de ingreso

El ingreso es el proceso de reunir la información necesaria de un solicitante para preparar su evaluación de necesidades de cuidado, determinar el tipo de evaluación y programarla.

What are the best times to reach you?

Please let us know when you're available for a team member to call you and schedule your Care Needs Assessment. They'll try to reach you during the times you're free. You can choose multiple days or times that work for you.

All times shown in Pacific Standard Time.

***Days of the week**

Monday Tuesday Wednesday Thursday Friday

***Times of the day**

Morning (9 AM to 11 AM) Mid-day (11 AM to 2 PM) Afternoon (2 PM to 4 PM)

No Preference

I have no preference. I can be called at any time.

Next

Realice la evaluación de necesidades de cuidado y revise su determinación de beneficios

LORELAI GILMORE

WA Cares ID: 26345696003 



You have 7 new notifications to review. [View notifications.](#)

Your WA Cares application is complete and your Benefit Determination is ready for review.

[Withdraw my application](#)



Submit Application



Schedule Care Needs Assessment



Complete Care Needs Assessment



Receive your Benefit Determination



Next step:

Review your Benefit Determination

Your Benefit Determination tells you whether you have been approved or denied. Please review this document to understand the decision and your rights.

You can review your Benefit Determination at any time in [Documents](#).

[View Benefit Determination](#)





Preguntas y respuestas



¿Qué tal lo hicimos?

¡Apreciamos sus comentarios! Conteste una breve encuesta para darnos su opinión sobre la presentación de hoy.

¡Gracias!



Los materiales del seminario web están en wacaresfund.wa.gov/webinars

Síguenos en [Facebook](#), [Instagram](#), y [LinkedIn](#)

**Contáctenos por correo
electrónico**

wacaresfund.wa.gov/contact-us

**Llámenos por teléfono
(empleadores y exenciones)**

833-717- 2273

**Llámenos por teléfono
(otras preguntas)**

844-CARE4WA