



Adult day services



Adult day care and adult day health both provide supervised care and activities during the day that promote social interaction, health and well-being. Adult day services also include a meal and snacks, often accommodating special dietary needs or restrictions.

THINGS TO CONSIDER

Adult day care focuses on social interaction and supervision. It does not provide medical care, such as a nurse or therapist. If therapy or nursing care is required, adult day health is a better alternative.

Adult day health includes services from medical professionals, which are directed by your health care provider, such as skilled nursing or rehab therapy. It provides a structured program designed to manage an individual's health needs during the day in a community setting lasting at least four hours.

You are eligible for adult day health services if your doctor says you have an unmet need for skilled nursing or rehabilitative services and you can't safely take care of those needs on your own.

Adult day health providers are required to arrange or provide transportation to and from the site, which is included under the adult day health daily rate.

Adult day care providers may help arrange transportation to and from the site with locally available transportation companies or informal resources, however, it is not reimbursed under the adult day care rate.

PROVIDERS

You can choose any WA Cares provider who is registered to provide this service. We require all providers to meet minimum qualifications. You can find a provider at wacalc.org/wacares.

RATES AND BILLING

Adult day service providers are typically billed at a daily rate, but an adult day care provider may choose to bill in 15-minute increments.

Cost of services may vary based on where you live and the services you require. You and your provider will agree on rates. You can find maximum rates and typical costs at wacaresfund.wa.gov/rates.

CONTACT



Phone

844-CARE4WA (844-227-3492)



Email or chat

wacaresfund.wa.gov/contact

Language assistance is available.