



Adult family home



An adult family home is a home-like setting in a typical community neighborhood where up to eight residents receive room and board, personal care and speciality care.

THINGS TO CONSIDER

An adult family home provides ongoing service for residents, including support with:

- Dressing, eating and personal hygiene to support self-care
- Providing or arranging transportation to medical appointments and community activities
- Specialty care for dementia, mental illness or developmental disabilities
- Nursing services from certified staff

They may be run by a family with children, a single person or a couple, a nonprofit corporation or another type of business entity.

Adult family homes are diverse and can satisfy different preferences which may include:

- Speaking multiple languages
- Embracing a particular culture
- Allowing pets

They are meant to be home-like and residents are encouraged to take an active role in their care planning, have guests, decorate their room with their personal belongings and engage with their community as much as they can.

Adult family homes may also offer respite for family caregivers.

CONTACT



Phone

844-CARE4WA (844-227-3492)



Email or chat

wacaresfund.wa.gov/contact

Language assistance is available.

PRIVATE DUTY NURSING ADULT FAMILY HOME

A private duty nursing adult family home is another type of adult family home and is a community-based alternative to institutional care for people who require skilled nursing care on a continuous basis for complex medical needs. People who typically use a private duty nursing adult family home have:

- Skilled nursing needs that cannot be safely met in a lower-cost or less restrictive setting
- A complex medical need that requires at least eight hours of private duty nursing care each day
- Daily dependence on technology such as mechanical ventilation, advanced breathing support, intravenous (IV) medications or IV nutrition
- A need for medically necessary skilled nursing care, as defined by your doctor

You will need to work with your primary care provider and the private duty nursing adult family home. Your primary care provider will document your medical stability, order needed for medical services and determine whether private duty nursing care is right for you. The private duty nursing adult family home you choose will develop a care plan based on your doctor's medical orders for medical services. Your primary care provider must approve and sign the initial care plan, then review and sign it at least every six months.

PROVIDERS

You are encouraged to schedule visits to any adult family homes you are considering before choosing one that is the best fit.

You can choose any WA Cares provider who is registered to provide this service. We require all providers to meet minimum qualifications. You can find a provider at wacalc.org/wacares.

When researching providers, you may wish to use the Washington State Department of Social and Health Services' [adult family home locator](#) to review inspection reports and any complaints that resulted in a citation. You can also use the locator to search for WA Cares providers by county, city or zip code. Look for "WA Cares Fund adult family home" listed in the contracts section.

RATES AND BILLING

Adult family home providers are billed at a daily rate.

Cost of services may vary based on where you live and your care needs. You and your provider will agree on rates. You can find maximum rates and typical costs at wacaresfund.wa.gov/rates.

