

Dementia and behavioral supports

Dementia and behavioral supports include guidance from a behavioral health professional who will develop a behavior support plan centered on your specific needs. The provider will work with you and your caregivers to create a plan focused on proactive approaches to help you safely and successfully communicate your needs to your loved ones, avoid triggers and better manage your day-to-day responsibilities.

THINGS TO CONSIDER

If you find it difficult to complete your daily tasks or communicate your needs to your caregiver due to aging, memory loss or dementia, a dementia and behavioral supports provider can help. The goal of this service is to improve your quality of life with the support from a provider and the guidance of a personalized behavior support plan.

Your medical insurance plan may cover additional behavior-related supports. Reach out to your insurance provider to see what supports are available under your plan.

If you are concerned about remaining safe in your own home due to memory loss or dementia, an adult family home or assisted living facility with a dementia specialty may be able to meet your needs. Some assisted living facilities will have certified memory care units.

PROVIDERS

Registered providers of this service include behavioral health agencies, therapists, counselors, psychologists, social workers and behavioral health analysts.

You can choose any WA Cares provider who is registered to provide this service. We require all providers to meet minimum qualifications. You can find a provider at waclc.org/wacares.

RATES AND BILLING

Rates for this service have an hourly maximum rate and are billed in 15-minute increments.

Cost of services may vary based on where you live and the services you require. You and your provider will agree on rates. You can find maximum rates and typical costs at wacaresfund.wa.gov/rates.

CONTACT



Phone
844-CARE4WA (844-227-3492)



Email or chat
wacaresfund.wa.gov/contact

Language assistance is available.