

Education and consultation

An education and consultation provider can offer education, consultation and training for you and your paid or unpaid caregivers, regarding diagnoses, chronic health issues and care. The goal of this service is to help better manage your activities of daily living, health and wellness.

THINGS TO CONSIDER

This service builds a foundation of knowledge through skills training and development to support you in your activities of daily living with your specific needs and diagnoses in mind. If you have someone who wants to assist with your care, but does not have the expertise needed, this service can also help bridge that gap by providing support for caregivers through education and training. This service can include:

- Education regarding your diagnoses and relevant treatment or equipment
- Help to understand how to take prescribed medications
- Guidance to identify and reduce potential risks such as fall hazards and stress management
- Helping you work successfully with your caregivers to address your specific needs
- Evidence-based programs focused on specialized topics such as aging, fitness, tools for caregivers and more

PROVIDERS

Medical providers of this service include professionals such as nurses, nutritionists, occupational or physical therapists and more. Non-medical providers of this service include community college programs, centers for independent living and evidence-based programs.

You can choose any WA Cares provider who is registered to provide this service. We require all providers to meet minimum qualifications. You can find a provider at waclc.org/wacares.

RATES AND BILLING

Skills training and development under this service have an hourly rate maximum and are billed in 15-minute increments. Evidence-based programs can be billed as a one-time fee or on a monthly recurring basis, depending on the program.

Cost of services may vary based on where you live and the services you require. You and your provider will agree on rates. You can find maximum rates and typical costs at wacaresfund.wa.gov/rates.

CONTACT



Phone
844-CARE4WA (844-227-3492)



Email or chat
wacaresfund.wa.gov/contact

Language assistance is available.