

# Personal emergency response systems

Personal emergency response systems are medical alert systems that signal a monitoring center to call for help in an emergency. These systems may include medication reminders, fall detection, wellness checks and GPS finder. These devices connect to your landline or a cellular network.

## THINGS TO CONSIDER

Features vary, allowing you to customize your services to meet your needs.

You can talk with dispatchers using hands-free, two-way communication when you cannot activate the device manually.

If you're an active person, a personal emergency response system device that uses GPS lets you stay active with confidence. GPS services are also helpful for people with Alzheimer's or dementia who may wander.

Devices can provide extra safety and security if you live alone or are alone for long periods of time and you may not be able to call for help in an emergency such as a fall or a fire.

If you need help remembering to take your medications, these devices can alert you with reminders.

You should always wear your device, which is often a pendant or wristband, so it is within reach, ensuring you receive support when you need it most. You can wear water-resistant devices in the shower.

## PROVIDERS

Providers can help you understand their device offerings and the associated payment plan for each. Typically, the provider mails the device to your home and you set it up on your own. If you need help with installation or setup, tell your provider.

You can choose any WA Cares provider who is registered to provide this service. We require all providers to meet minimum qualifications. You can find a provider at waclc.org/wacares.

## RATES AND BILLING

Personal emergency response systems will often have a one-time installation cost and a monthly subscription fee to keep your device connected. Add-on services, such as medication reminders, may cost extra.

Cost of services may vary based on where you live and the services you require. You and your provider will agree on rates. You can find maximum rates and typical costs at wacaresfund.wa.gov/rates.

## CONTACT



**Phone**
844-CARE4WA (844-227-3492)



**Email or chat**
wacaresfund.wa.gov/contact

Language assistance is available.